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| Step 6 Were entirely ready for God to remove all these defects of character  6J Buttons that People Push | |
| In life, our spouse, children, and bosses have the capability to push our buttons. When our buttons are pushed, we react - often without thinking.  The existence of those buttons could be a set of character defects. | |
| What are the buttons that I have reacted to in the last year? |  |
| What have I been trying to protect when my buttons got pushed? |  |
| What conditions have made me vulnerable to those buttons? |  |
| What has been the cost of my reactions when my buttons were pushed? |  |
| How can I turn these situations and my reactions over to the care of a higher power? |  |